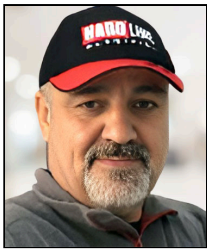
# CURRICULUM VITAE AND PUBLICATIONS LIST



## CURRICULUM VITAE

| | |
|---|---|
| Name and Surname: | İBRAHİM ERDEMİR |
| Academic Title: | Professor Dr. |
| Work Address: | |
| Email: | ierdemir@balikesir.edu.tr |
| Foreign Languages Known (Score and Year): | English, C1 Advanced, 2000<br>English, B2 Upper Intermediate, 2000 |
| Area of Expertise: | Physical Education and Sports<br>Sosyal ve Beşeri Bilimler > Sosyal Bilimler Genel > Spor Bilimleri<br>Sports Sciences and Technology |

| Degree | Department/Program | University | Year |
|---|---|---|---|
| Doctorate | SPORTS HEALTH SCIENCES (DR) | Marmara University | 2005 |
| Master's Degree | PHYSICAL EDUCATION AND SPORTS EDUCATION (M.Sc.) (WITH THESIS) | Sakarya University | 2000 |
| Bachelor's Degree | DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS | Orta Doğu Technical University | 1996 |

Master's Thesis Title (abstract attached) and Thesis Supervisor(s):

Effect of single dose pollen loading on maximum oxygen consumption and blood parameters in endurance athletes

Doctoral Thesis/Proficiency Study/Medical Specialization Thesis Title (abstract attached) and Supervisor(s):

Examination of the effects of exercise on cortisole circadian rhythm and blood paranmeters in sedentary men

| Position Title | Workplace | Year |
|---|---|---|
| Professor Dr. | Balıkesir University | 2024-Continues |
| Associate Professor | Balıkesir University | 2013-2024 |
| Assistant Professor | Balıkesir University | 2007-2013 |
| Research Assistant | Trakya University | 2005-2007 |
| Research Assistant | Marmara University | 2003-2005 |
| Lecturer | Trakya University | 2000-2003 |

Administrative Duties:

**1.** School Director - Balıkesir University (2014 - 2015)
**2.** Head of Department - Balıkesir University (2014 - 2015)
**3.** Head of Department - Balıkesir University (2011 - 2013)
**4.** Deputy School Director - Balıkesir University (2010 - 2013)
**5.** Head of Department - Balıkesir University (2007 - 2009)

Awards:

**1.** Hareket ve Antreman alanında Poster Sunum ödülü (2017)

# PUBLICATIONS

### A. Articles published in international peer-reviewed journals:

**A1.** Erdemir İ., Kayhan R. F., "Geleneksel ve Drop-Set Direnç Antrenmanlarının Kas Hasarı Üzerine Etkisi", *CBÜ Beden Eğitimi ve Spor Bilimleri Dergisi*, vol. 18, no. 1, pp. 181-192, 2023.

**A2.** Erdemir İ., "Comparison and Analysis of Isokinetic Strength in Elite Junior Triathletes and Cyclists", *Journal for Educators, Teachers and Trainers*, vol. 14, no. 2, pp. 130-136, 2023.

**A3.** Yılmaz S., Erdemir İ., "The influence of quadriceps and hamstring strength on balance performance", *Physical Education of Students*, vol. 27, no. 3, pp. 112-117, 2023.

### C. National/international books written or chapters in books:

#### C2. Chapters in national/international books written:

**C2.1.** Erdemir İ., "POST-ACTIVATION POTENTIATION ANTRENMANI", *Kuvvet Antreman Yöntemleri*, Akademisyen Kitapevi, Ankara, 2022.

**C2.2.** Erdemir İ., Kızılet A., "PLİOMETRİK ANTRENMAN", *Kuvvet Antreman Yöntemleri*, Akademisyen Kitapevi, Ankara, 2022.

### D. Articles published in national peer-reviewed journals:

**D1.** Erdemir İ., İşgüder İ. H., "The Relationship between the Level of Physical Activity and the Academic Achievement in High School Students", *Journal of Educational Issues*, vol. 9, no. 1, pp. 396-407, 2023.