

**CURRICULUM VITAE**

Name and Surname: İBRAHİM ERDEMİR
Academic Title: Professor Dr.
Work Address:
Email: ierdemir@balikesir.edu.tr
Foreign Languages Known (Score and Year): English, C1 Advanced, 2000
English, B2 Upper Intermediate, 2000
Area of Expertise: Physical Education and Sports
Sosyal ve Beşeri Bilimler > Sosyal Bilimler Genel > Spor Bilimleri
Sports Sciences and Technology

Degree	Department/Program	University	Year
Doctorate	SPORTS HEALTH SCIENCES (DR)	Marmara University	2005
Master's Degree	PHYSICAL EDUCATION AND SPORTS EDUCATION (M.Sc.) (WITH THESIS)	Sakarya University	2000
Bachelor's Degree	DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS	Orta Doğu Technical University	1996

Master's Thesis Title (abstract attached) and Thesis Supervisor(s):

Effect of single dose pollen loading on maximum oxygen consumption and blood parameters in endurance athletes

Doctoral Thesis/Proficiency Study/Medical Specialization Thesis Title (abstract attached) and Supervisor(s):

Examination of the effects of exercise on cortisol circadian rhythm and blood parameters in sedentary men

Position Title	Workplace	Year
Professor Dr.	Balıkesir University	2024-Continues
Associate Professor	Balıkesir University	2013-2024
Assistant Professor	Balıkesir University	2007-2013
Research Assistant	Trakya University	2005-2007
Research Assistant	Marmara University	2003-2005
Lecturer	Trakya University	2000-2003

Administrative Duties:

1. School Director - Balıkesir University (2014 - 2015)
2. Head of Department - Balıkesir University (2014 - 2015)
3. Head of Department - Balıkesir University (2011 - 2013)
4. Deputy School Director - Balıkesir University (2010 - 2013)
5. Head of Department - Balıkesir University (2007 - 2009)

Awards:

1. Hareket ve Antreman alanında Poster Sunum ödülü (2017)

PUBLICATIONS

A. Articles published in international peer-reviewed journals:

A1. Erdemir İ., Kayhan R. F., "Geleneksel ve Drop-Set Direnç Antrenmanlarının Kas Hasarı Üzerine Etkisi", *CBÜ Beden Eğitimi ve Spor Bilimleri Dergisi*, vol. 18, no. 1, pp. 181-192, 2023.

A2. Erdemir İ., "Comparison and Analysis of Isokinetic Strength in Elite Junior Triathletes and Cyclists", *Journal for Educators, Teachers and Trainers*, vol. 14, no. 2, pp. 130-136, 2023.

A3. Yılmaz S., Erdemir İ., "The influence of quadriceps and hamstring strength on balance performance", *Physical Education of Students*, vol. 27, no. 3, pp. 112-117, 2023.

C. National/international books written or chapters in books:

C2. Chapters in national/international books written:

C2.1. Erdemir İ., "POST-ACTIVATION POTENTIATION ANTRENMANI", *Kuvvet Antreman Yöntemleri*, Akademisyen Kitapevi, Ankara, 2022.

C2.2. Erdemir İ., Kızılet A., "PLİOMETRİK ANTRENMAN", *Kuvvet Antreman Yöntemleri*, Akademisyen Kitapevi, Ankara, 2022.

D. Articles published in national peer-reviewed journals:

D1. Erdemir İ., İşgüder İ. H., "The Relationship between the Level of Physical Activity and the Academic Achievement in High School Students", *Journal of Educational Issues*, vol. 9, no. 1, pp. 396-407, 2023.